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# THE GRAPEVINE

#### October 10<sup>th</sup>, 2019

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# PRUNING TREES AND SHRUBS IN THE FALL

Pruning in August can stimulate new growth that is less hardy during the winter. But what about pruning at this time of year? Woody plants move sugars and other materials from the leaves to storage places in the woody portions of the plant just prior to leaf fall and we would like to maximize those stored energy reserves. Even pruning later in the fall can cause a problem by reducing the cold hardiness of woody plants. Dr. Rich Marini at Penn State Extension has written, "Based on everything that has been published we can conclude that woody plants do not attain maximum cold hardiness when they are pruned in the fall. Trees are affected more by heavy pruning than light pruning." However, this does not mean that woody plants pruned in the fall will necessarily suffer winter damage. In most cases, I think we can ge away with the old adage of "prune whenever your pruners are sharp." However, damage can occur if we have a sharp drop in temperature before plants are completely hardened off. Also, marginally hardy plants are more susceptible to winter damage, especially if pruned in the fall. Though light pruning and removal of dead wood are fine this time of year, you may want to delay severe pruning until spring.

Consider pruning to be "light" if 10% of less of the plant is removed. Dead wood does not count in this calculation. Keep in mind that even light pruning of spring-blooming shrubs such as lilac and forsythia will reduce flowers for next year. We normally recommend that spring-bloomers be pruned after flowering. Shrubs differ in how severely they can be cutback. Junipers do not break bud from within the plant and therefore should be trimmed lightly if you wish to keep the full shape. Overgrown junipers should be removed. On the other hand, there are certain shrubs that can be pruned back severely during the spring. Rejuvenation is the most severe type of pruning and may be used on multi-stem shrubs that have become too large with too many old branches to justify saving the younger canes. All stems are cut back to 3- to 5-inch stubs. This works well for spirea, forsythia, pyracantha, ninebark, Russian almond, sweet mock orange, shrub roses, and flowering quince. Just remember that spring is the correct time to do this, not now.

#### Is It a Maple or an Oak?

Sometimes people are unsure on how to tell the difference between a maple and an oak. The easiest way is to look at how the leaves are arranged on the stem. Maples are opposite leaved and oaks are alternate. Opposite leaved plants such as maples and ash have leaves directly across from one another. Alternate leaved plants have leaves alternating up the stem; one on one side and the next, further up the stem, on the other.

# Clean up Iris Beds this Fall

Iris are known for a couple of common problems: a fungus disease known as iris leaf spot and an insect named iris borer. Though both cause problems in the spring, now is the time to start control measures. Both the fungus and eggs of the borer overwinter on old, dead leaves. Remove dead leaves and cut back healthy leaves by ½ this fall to reduce populations of these pests. Also remove other garden debris from the iris bed. This can significantly cut down on problems next spring.

### Harvesting and Curing Black Walnut

Black walnuts are ready to be harvested when the hull can be dented with your thumb. You can also wait until the nuts start falling from the tree. Either way it is important to hull walnuts soon after harvest. If not removed, the hull will leach a stain through the nut and into the meat. The stain will not only discolor the meats but also give them an off flavor. There are several ways to hull walnuts including running them through a corn sheller or pounding each nut through a hole in a board. The hole must be big enough for the nut but smaller than the hull. An easier way is to run over the nuts with a lawn tractor. This will break the hull but not crack the nut. Note that walnut hulls contain a dye that will stain concrete, your hands or about anything else it touches. Wear gloves as the stain is almost impossible to remove. Wash hulled nuts by spreading them out on the lawn or on a wire mesh and spraying them with water or placing them in a tub of water. If you place them in a tub, the good nuts should sink. Those that float are probably not well-filled with kernels. Next, dry the nuts by spreading them in layers no more than three deep in a cool, shady and dry place such as a garage or tool shed. Drying normally takes two weeks.

#### Why Late Lawn Seedings Often Fail

We normally recommend that Kentucky bluegrass and tall fescue be seeded in September but no later than October 15. Though plantings later than October 15 can be successful, the odds of success diminish as time passes. The problem with late plantings is not that the seed will not come up or that young grass plants are sensitive to cold. Most often, the problem is with rooting. Unless the young grass plants have a fairly extensive root system, the freezing and thawing that takes place during winter heaves plants out of the ground, and they dry out and die. Regardless of when planted, be sure the new lawn is kept watered through the fall. More mature lawns will need less frequent watering but all should go into the winter with moist soil.

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