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FALL COLORS OF TREES

Part of the allure of fall foliage is color variation. There are trees that turn red, purple, yellow, orange and brown. Specific plant pigments determine individual colors. Foliage derives its normal green color from chlorophyll, the substance that captures the energy of the sun. Other pigments produce fall colors. Reds and purples are caused by anthocyanins, yellows by xanthophylls, and oranges by a combination of carotenes and xanthophylls. Browns are the result of tannins present in the leaf. Most of these substances are present throughout the growing season but are masked by the green color produced by chlorophyll. Anthocyanins are the exception and are produced after the chlorophyll is destroyed in the fall. If you have ever seen pictures of New England in the fall, you have probably wondered why trees in Kansas usually do not color as well. This difference is partly because of the tree species prevalent in New England. Certain oaks and maples naturally produce good color. Coloring also is influenced by the weather. Warm, sunny days and cool nights are ideal for good color. The sunny days encourage photosynthesis and, thus, sugar accumulation in the leaves. As fall progresses, each leaf develops an abscission layer at the base of the petiole, or leaf stem, that prevents these sugars from being transported down the trunk to the roots for storage. This high sugar content in the leaves produces more intense colors. Cloudy days and warm nights prevent some of the sugar accumulation in the leaves and results in less vibrant colors. Weather during other parts of the growing season also can have an effect. Heavy rains in the early spring or hot, dry weather in the summer can both have a deleterious effect on fall color. The length of time a tree maintains fall color also depends on weather. Reds, yellows and oranges are short-lived when trees undergo frosts and freezes.

Sweet Potato Harvest!

The Butler County Master Gardeners harvested over 1,000 lbs. of sweet potatoes the third week of October this year. The sweet potatoes were grown at the Numana Community garden on N Gordy, from certified organic slips that were donated by the John C Pair Horticulture Research station located just south of Haysville, KS. This is the second year that we have grown sweet potatoes at the Numana garden. Last year we were able to grow over 300 lbs. from 50 slips. This year we were given 200 slips and the harvest indicated again that we can expect an average of a little over 5 lbs of sweet potatoes per slip. Sweet potatoes are not only easy to grow here, they are also one of the most nutritious vegetables available. Drought resistant and nutritious, high in Beta Carotene, Vitamin A and C and folic acid as well as many minerals, and besides the nutritional aspect they are also a great source of fiber for your diet. The only downside to growing sweet potatoes is that they are a favorite food of deer. We had originally planned on digging these spuds last week, but the torrential rains kept us from doing that. And in spite of the continued wet weather and cold temperatures we were able to find a window that we could get

into the field to dig. It was a muddy mess, and kudos are deserved for all that participated. These potatoes will be cured out for a couple of weeks and then distributed in time for Thanksgiving to those who are most in need here in Butler County. Many thanks to Numana and the Butler County Master Gardeners for making this happen!

There is Still Time to Plant Spring-Flowering Bulbs

Generally, it is recommended to plant hardy bulbs (especially daffodils) in October to give them enough time to root before winter. But it is not too late to plant them in early November. As long as the soil temperatures are above 40 degrees F, the bulbs should continue root development.

Although many of the best bulbs have probably already been purchased, garden centers may still have a good selection. Be sure to select large, firm bulbs that have not begun to sprout. While many bulbs can adapt to a wide range of soil types, none can tolerate poorly drained soil. Prepare the planting bed by adding organic matter such as peat moss, well-rotted manure, or compost and mix into the soil. Adequate fertility is essential. It is best to rely on a soil test to determine what nutrients are needed. Garden soils that have been fertilized regularly in the past may have excess levels of phosphorus. Excess phosphorus can interfere with the uptake of other essential micronutrients though levels need to be extremely high to be of concern. In cases where levels of phosphorus are high, it would be better to use a fertilizer relatively high in nitrogen such as a 29-5-4, 27-3-3, or something similar. Although these are lawn fertilizers, they will work well for our purposes as long as they don't contain and weed preventer or weed killer. Apply these fertilizers at the rate of 2/3 pound (3 cups) per 100 square feet. Organic sources of fertilizers low in phosphorus include blood meal (12-0-0) applied at 5 to 10 pounds per 100 square feet, cottonseed meal (6-0.4-1.5) applied at the rate of 10 pounds per 100 square feet and soybean meal (7-2-1) applied at the rate of 8 pounds per 100 square feet. In the absence of a soil test, or if phosphorus is needed, add a low analysis, balanced fertilizer such as 5-10-5 or 6-10-4 at the rate of 2 to 3 pounds (4 to 6 cups) per 100 square feet of bed. Mix all amendments thoroughly with the soil before planting the bulbs. The size and species of the bulb determines how deep to plant. In general, the depth to the bottom of the bulb should be about 2 to 3 times the size of the bulb, but check the planting instructions specific to each particular flower.

Caring for Houseplants During the Winter Months

Houseplants need varying amounts of water and fertilizer at different times of the year. They need the most during summer when light levels are high and days are long. They need the least during the short days of winter. The primary reason for this is light. Light produces the fuel for plant growth. More light allows more growth, which results in a greater demand for water and nutrients. When light is limiting, the need for water and nutrients decreases dramatically. Therefore, it becomes easy to overwater and overfertilize during the winter months. Excess water and fertilizer can harm a plant by damaging the root system. Overwatering can suffocate roots by eliminating oxygen and excess fertilizer can burn roots. Therefore, it is best not to fertilize at all during the middle of winter (December-January) and to fertilize sparingly during November and February (maybe 1/4 a normal rate). It is never wise to water on a set schedule. Rather, allow the

potting soil to tell you when watering is needed. Check to see if the soil is moist 1-inch deep by inserting your finger into the potting mix. Don't water unless the mix is dry.

Preserving Garden Tools

Hoes, shovels and other common garden tools often have wooden handles that can deteriorate over time. Storing tools in a protected location can slow that process, but normal use will still expose the tools to the elements. The end of the season is a good time to clean up and protect the handles so they will last for many years. Weathering can raise the grain of wood, resulting in splinters. A light sanding can smooth the handle. Follow that with a light application of wood preservative, linseed oil or polyurethane to protect the wood. Wipe off any excess after a few minutes as oil-based products can attract dirt. Cleaning any dirt off metal parts and coating with a light application of oil can prevent rust. Good tools are expensive. A few minutes of care after the season is over can help preserve them for many years to come.

Perennial Garden Clean-up

Fall is traditionally a time for cleaning up gardens. Normally, we recommend clear-cutting dead stems to help control insect and disease problems. With herbaceous perennials that have been pest free, you might want to consider leaving some to provide structure, form, and color to the winter garden. For example, ornamental grasses can be attractive even during the winter months. But those near structures should be cut to the ground because they can be a fire hazard. Perennials with evergreen or semi-evergreen foliage can provide color. Of course, some perennials are naturally messy after dormancy and should be cut back in the fall. Foliage can be left for other reasons. For example, foliage left on marginally hardy plants such as tender ferns helps ensure overwintering of plant crowns. Also, seed heads on some perennial plants can provide seed for birds.

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