Horticulture

Upcoming Fruit Tree Pruning Workshop
February 19th | 2:00 PM
Located at Walter’s Pumpkin Patch

Fruit tree pruning can be intimidating to a newbie or maybe you bought a home with an older fruit tree that is overgrown. Carl Jarboe, a local horticulturist and expert, will walk you through pruning fruit trees as pruning is necessary for a tree to thrive and produce abundant fresh fruit.

At the training, attendees will learn how to set the base structure of a fruit tree and reasons behind pruning. After the demonstration we will supervise as everyone tries their hand. Participants should bring their own pruning tool and we will talk about sanitation and proper pruning.

Register here: https://kstate.qualtrics.com/jfe/form/SV_8Bo3J9Vfs9mcr4

Agriculture

If you plan to use Dicamba products in 2022, you are required to have additional label-required dicamba training when applying these restricted use dicamba products: Engenia, XtendiMax or Tavium with Vapogrip. The labels of these products state that prior to applying this product in the 2022 growing season, all applicators must complete dicamba or auxin-specific training on an annual basis, so even if you attended in 2020 or 2021 you will need to attend a training in 2022 prior to applying these products.

For additional training information, reach out to Charlene at cmmiller1@ksu.edu or (316) 321-9660.

4-H & Youth Development

Why 4-H? Through 4-H programming we truly have an opportunity for all youth! Butler County 4-H is open to all Butler County youth residents age 7-18, as of January 1, 2022. We offer hands on learning experiences lead by adult mentors and KSRE Extension staff. 4-H and Youth Development agents have been hard at work developing activities that youth can do to explore their interests in a wide variety of topics. Engaging with fun and interactive activities, youth can choose a topic that interests them!

Interested in learning more about 4-H and what our programming can offer a young person in your life, call Briony Smith, 4-H Agent, at 316-321-9660 or email at briony@ksu.edu.

Family Consumer Sciences

Excited to watch the Olympics? Are you inspired to be more physically active?
Busy lifestyles sometimes make it hard to fit in exercise or eat healthfully. But doing so can actually increase energy, boost your mood and enhance memory.

Boost Your Brain Health with a combo of exercise and diet.
KSRE family and consumer sciences specialist Sharolyn Jackson shares suggestions for reducing the risk of cognitive decline as you age:

If you smoke, quit now. Smoking increases your risk for many health conditions, including cognitive decline.

Get adequate sleep. A lack of sleep contributes to memory loss and thinking ability.

Develop and maintain strong social connections. Enjoy time with friends, volunteer, engage in hobbies and be part of your community.

Exercise your brain. Challenge your brain with card games, puzzles, learning a new skill.


Contact us:
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