

### NEWSLETTER



#### From the Director's Desk

November, a month to take extra time to give Thanks. While we should take time to reflect and be thankful regularly, November is a great time to pause a little longer and make time to give thanks. The week of October 20<sup>th</sup> served as our annual Extension and Engagement Conference, which our Extension Agents attend in Manhattan, Kansas. One program highlighted is worth shining a little extra light on and giving thanks for.

Kansas is a GREAT state to live in. From sunsets and sunrises to all the corners of the State and everything else in between, I am truly thankful to live in a great state. Are there challenges? Absolutely! There are challenges no matter where you live. However, there are a lot of really great things happening in our Sunflower state.

A new website has rolled out that highlights each county here in Kansas. This free-interactive website has data-driven maps, reports, and insights through 30,000+ data layers and 120+ state and national resources. This website is truly a one-stop shop. Whether you are looking for information on agriculture, broadband access, business, child care and youth, economy, education, environment, food and food systems, health and health care, housing, population trends and profiles, water, or other topics, you are likely to find it on the All Things Kansas website. This is a great opportunity to find the information you are looking for and more!

With only a couple of months left in the year, I challenge you to find your reasons for thanks and use the month of November to capitalize on them. Elevate the time you set aside to reflect. Whether it is your family, friends, job, coworkers, church, school, or anything in between, make sure and express your gratitude!

I will leave you with this quote from William Arthur Ward - "Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings."

Wishing you all a wonderful and thanks filled November! ~Charlene

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Butler County Extension Office 206 North Griffith Suite A El Dorado, Kansas 67042 (316)321-9660

Hours

Monday - Thursday 7:30 a.m. - 5:00 p.m.

Friday 7:30 a.m. - 11:30 a.m.

#### Coffee Mugs Now Available!

Get yours today at the K-State Research and Extension - Butler County Office 206 North Griffith, Suite A El Dorado, KS 67042



		Jec	em	be	ル	
	1)	Extension Council Board Meeting 6:30 p.m.	Garden Hour 12 p.m.	4)	(5)	6
7	8	9 Beginning Rancher Series 6:00 p.m.	<u> </u>	11)	Christmas Donation Drive Drop-Off	(3)
<b>1</b> 4	<b>(15)</b>	16)	Living Well Wednesday 12:10 p.m.	(B)	(9)	<b>②</b>
<u>a</u>	(2)	3	<b>2</b> 4)	© Merry Christmas CLOSED	<b>2</b> 6	<b>②</b>
<b>(38)</b>	29	39	<u>31</u>			





#### **Climate Resilient Gardens**

Wednesday, November 5th 12:00PM -1:00PM CST

Gardening in a changing climate can be a challenge. Join Pam Paulsen, Reno County Horticulture Agent, to explore practical methods to grow gardens that are resilient to tough growing conditions. Some of these methods include native and adapted plants, soil improvement, efficient use of water and nutrients, and attracting beneficial insects.



Register Here!

Please register for this free Zoom Webinar at: ksre-learn.com/KStateGardenHour







# LUNCH & LEARN

Bring your lunch and join
Horticulture Agent, Calla Edwards,
over the lunch hour during our
monthly Lunch & Learn Program.
This will be held over the lunch
hour and will cover a variety of
horticulture topics.

November 17<sup>th</sup> 12:15-12:45 p.m.

Lori's EMPORIyum! 1604 Custer Lane Augusta, KS

November Topic: Companion Planting

Many gardeners have heard that mangolds repel pests in vegetable gardens, or that beans dislike fennel. These sentiments are often attributed to a practice called "companion planting." But does companion planting really work? Join horticulture agent Calls Edwards for a discussion on the research behind companion planting as we dispel common myths and talk about what benefits companion planting can offer your garden.

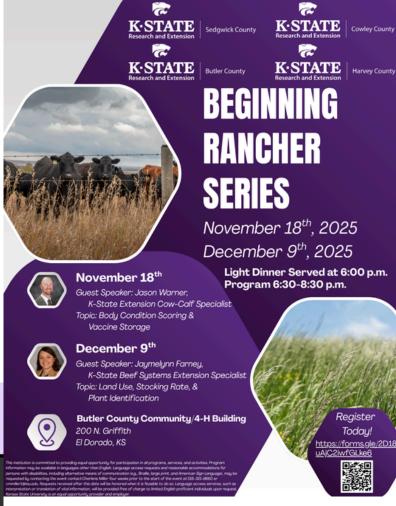
planting can offer your garden. Kansas State University Agricultural Experiment Station and Cooperative Extension Ser

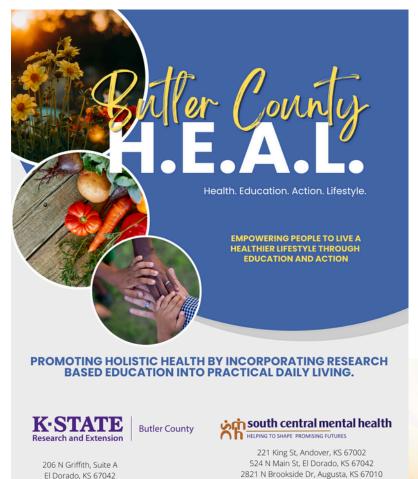
#### Living Well Wednesday Webinars:

#### **Garden Hour Webinars:**

These class are offered online via Zoom at Noon. For more information on the Garden Hour series or to register visit here: <a href="https://hnr.k-state.edu/extension/consumer-horticulture/garden-hour/">https://hnr.k-state.edu/extension/consumer-horticulture/garden-hour/</a>







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(316) 321-9660

(316) 733-5047 ext 515 OR 528

# The Strong Couples Project

- √ Participate in a 6-session online program scientifically shown to strengthen relationships
- √ Video calls with trained coach to help maximize program impact
- √ No cost to enroll and chance to win \$25 Amazon gift card for completing program surveys

To learn more and enroll, please visit go.illinois.edu/StrongCouples





### Available Services

#### Bad Odor?

We have a breath of fresh air for you! K-State Research and Extension - Butler County offers Nilodor cotton balls to help eliminate the odor in your most desperate areas.

Just 1 drop can neutralize the air in a 10'x10' room.

Costing only \$0.10 per cotton ball, this is an extremely cost effective solution to your most smelly situations.





### Soil Testing

Whether you are preparing your garden for spring planting or wanting to make sure your fields are ready to produce a bumper crop, we can help. Bring your soil into the K-State Research and Extension - Butler County Office today and we will ship it to K-State Soil Labs for testing. Each test comes with personal recommendations put together by our Agriculture and Horticulture Professionals. Cost will vary depending on tests requested.

For more information on Horticulture Soil Testing, visit our website here: <a href="https://www.butler.k-state.edu/horticulture/Soil%20Tests.html">https://www.butler.k-state.edu/horticulture/Soil%20Tests.html</a>

For more information on Agriculture Soil Testing, visit our website here: <a href="https://www.butler.k-">https://www.butler.k-</a>
<a href="mailto:state.edu/agriculture/soiltest/untitled.html">state.edu/agriculture/soiltest/untitled.html</a>



### Congratulations!



Congratulations to Horticulture Agent, Calla Edwards, who was awarded for 10 years of Extension service at the Annual Conference last week! You have done so much for Butler County and K-State.

#### Outreach





# 2025 CHRISTMAS DRIVE

### winter wear & School Supplies

K-State Extension – Butler County is partnering with a local school district to provide new winter clothing—coats, scarves, hats, and gloves—as well as essential school supplies to support the youth of Butler County.

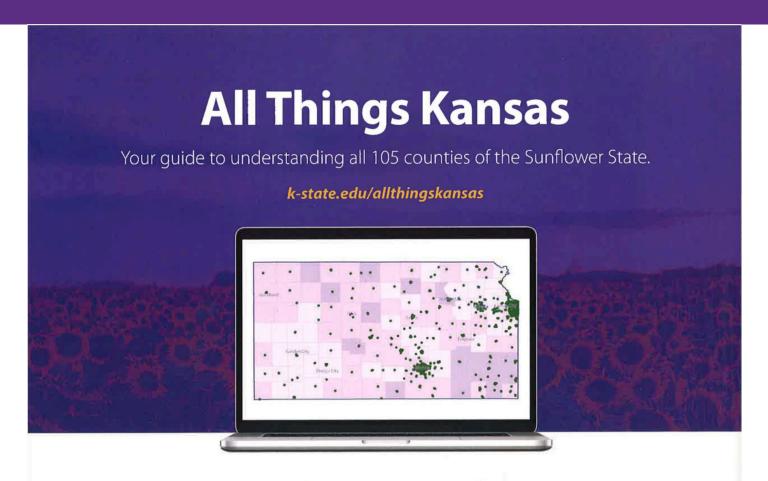
ALL DONATIONS WILL BE RECEIVED UNTIL

12 DEC. 11:30 AM

K-STATE EXTENSION - BUTLER COUNTY, 206 N. GRIFFITH, EL DORADO

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### Outreach



### **Access free interactive tools** with data-driven mapping, reports and insights through

30,000+ data layers and 120+ national and state sources.

#### Your one-stop shop for Kansas data about:

- · Agriculture
- Broadband access
- Business
- Child care and youth
- Economy
- Education
- Environment

- Food and food systems
- Health and health care
- Housing
- Population trends and profiles
- Water
- · Many more topics

#### How All Things Kansas can help:

- Save time by accessing multiple data sources in one place
- · Visualize and map data
- · Build geography-based reports
- · Identify opportunities across Kansas
- · Understand communities and market demands
- · Analyze workforce strengths and industry gaps
- · Research information to help with grant writing
- · Make data-informed decisions

KANSAS STATE

LEARN MORE Scan the QR code or visit k-state.edu/allthingskansas



#### **Charlene Miller**

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<a href="mailto:https://www.butler.k-state.edu/agriculture/">https://www.butler.k-state.edu/agriculture/</a>

### **Looking Ahead**

Fall is upon us, and harvest is in full swing. The weather played a factor during the spring planting season and will also affect the length of the harvest. Please be respectful of the farm machinery traveling down the road, slow down and take your time to pass with care.

Recently, I listened in on an ag call where they talked about the weather. The million-dollar question was when we would have our first freeze. Traditionally, our area experiences its first freeze around Halloween. However, in order for that to happen, some weather systems will need to change. Our weather speaker also noted that January and February look to be colder than last year! Brrrr! Moisture remains in question, but cooler does look to be the going trend for that timeframe of 2026.

Wishing you all a safe and thanks-filled Thanksgiving!





### HPAI:

#### **Highly Pathogenic Avian Influenza**

Highly pathogenic avian influenza, or HPAI, is a rapidly spreading viral disease that can infect many types of birds. Avian influenza, often called avian flu or bird flu, can be common, but some strains are highly pathogenic, which means they are more deadly. Introduced by migrating wild birds, HPAI can spread through spring migration and affect all domestic poultry — small and backyard flocks as well as commercial industries.

Poultry with HPAI do not survive the illness. Vaccines for HPAI are not readily available.

#### Signs of Avian Influenza

- · Coughing and sneezing
- · Difficulty breathing
- Extreme depression
- · Lack of energy
- · Decrease in feed or water intake
- Swelling or purple discoloration of head, eyelids, comb, wattle and legs
- · Decrease in egg production
- Sudden unexplained death

Biosecurity is your best option to prevent HPAI from entering your small or backyard poultry flock.

#### Here is what you can do:

#### **Protect Your Small Flock from Avian Influenza**



Limit or halt travel with your birds to sales, shows and swaps. Ensure you have clean hands, clothes, and

footwear before handling your birds if you attend events. Do not allow others to handle your birds.



Limit your birds' visitors.

If someone must visit your birds: discuss where they have been. Have them wash their hands and wear clean clothes and footwear.







Call your veterinarian if your flock shows signs of influenza or you suspect exposure. No veterinarian? Call the Kansas Department of Agriculture's Division of Animal Health at 785-564-6601.







#### Phones Down and Eyes Up!

Scan the road ahead of you and be watching for indicators of -

- 1. Flashing Lights 🎑
- 2. Slow Moving Vehicle Emblem





### Slow Down and Watch For Oncoming Traffic Before Attempting to Pass!

Do not pass illegally, on hills, curves or near intersections.





#### **→** \

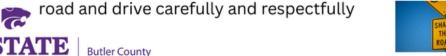
#### Watch For Hand Signals!

Farmers may use hand signals to alert you to their direction of travel/turns



#### Beware of Wide Loads!

Some equipment moving down the road will be wide. Share the

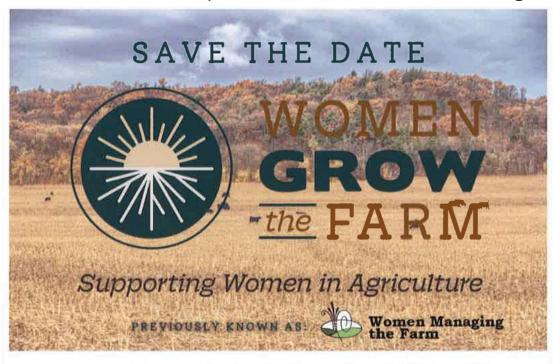


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Changing seasons also bring a change in traffic, especially this time of year. Fall is here, and while the rain keeps falling, harvest will be starting soon! That means, more slow-moving vehicles (tractors, combines, etc) are on the road. Please drive carefully this Harvest season to protect your vehicle occupants and the farmers on the road.

#### **Charlene Miller**

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<a href="https://www.butler.k-state.edu/agriculture/">https://www.butler.k-state.edu/agriculture/</a>



MANHATTAN, KS | FEBRUARY 12TH & 13TH



Women don't just manage the farm-we grow it.

Join us **February 12–13, 2026** in **Manhattan, KS** at the Hilton Garden Inn for the Women Grow the Farm Conference.

Two days of keynote speakers, breakout sessions, and powerful connections with women shaping the future of agriculture.



Use this QR Code to learn more and register to secure your spoti

womengrowthefarm.com

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### The Science of Family Meal Time

Why focus on family meal time? There are multiple reasons to focus on family meals!

- Family meals are linked to children having better eating habits across their lifespans.
- Family meals occurring more often (more than five times per week) are linked to better mood and better mental health from ages 6 to 10.
- Teens who regularly have meals with their families are less likely to get into fights, think about suicide, smoke, drink, and use drugs. They are also more likely to delay sexual activity and have higher academic achievement than adolescents who do not.
- For teens, frequent family meals predict lower substance use rates, fewer depressive symptoms, fewer suicidal thoughts, and better grades.
- Children under 13 also have fewer behavioral problems, and fewer emotional outbursts when they have more frequent family meals.
- Adolescents especially girls who had frequent and structured family meals and a positive atmosphere at family meals were shown to be less likely to have disordered eating.

• Adults engaged in the family meal times also receive the benefits in terms of social and

emotional well-being.

In short, there is a tremendous and wideranging body of knowledge supporting the importance of family meal times as beneficial for all involved.



### **Find Your Balance**

## Home Food Preservation Resources

Check out the Home Food Preservation Resources web page here: <a href="https://www.ksre.k-state.edu/program-areas/food-preparation-processing-and-safety/food-preservation.html">https://www.ksre.k-state.edu/program-areas/food-preparation-processing-and-safety/food-preservation.html</a>



### Find Your Balance

### Fried Turkey? Tips For CA Safe Feast

Mashed potatoes, homemade rolls, pumpkin pie, vegetables of every shape and size...smells and thoughts that make your mouth water! Yet, there's something missing from this list...the turkey! It is almost time for turkey, and according to Kansas State University food scientist Karen Blakeslee preparing for the food-filled season should start early. If you are considering frying a turkey this year, this article is crucial in helping keep your feast safe.

Fried turkey has become popular with reviews raving that "it tastes better than roast turkey, the white meat is moister, the dark meat is even more flavorful, and the skin, while not always totally crispy, is never slimy and gross." This popular method of cooking is thought to have started in the late 1970's as part of the Cajun cooking craze. When celebrity chef Justin Wilson deep-fried a whole turkey on his PBS show in 1986, minds were blown and frying the holiday turkey was embraced as a new cooking method.

Though this cooking method can produce a delectable turkey, it can also lead to complications when not done properly. Kansas State University food scientist Karen Blakeslee advises the following steps to keep your feast safe.



- Having a completely thawed turkey is crucial when frying to prevent hot oil splattering. Purchase a fresh turkey 1-2 days before you plan to fry it, then refrigerate. If you have purchased and frozen the turkey ahead of time, make sure you know how long it will take to thaw. It takes at least 24 hours to thaw 4-5 pounds of frozen turkey in the refrigerator before starting the cooking process. Plan an extra 24 hours to be sure it is completely thawed. Leave the turkey in the wrapping and place on a tray to catch any drips from thawing.
- Make sure the turkey fits in your fryer. Blakeslee recommends testing that the turkey fits in the fryer by placing it in the fryer and adding enough water to cover the turkey. If the bird is too big, cut it into smaller pieces.
- Check temperatures. To begin frying, heat oil to 350 degrees Fahrenheit and continuously monitor the oil's temperature with a thermometer. Plan to fry the turkey 3-5 minutes per pound. "Use a food thermometer to ensure it is cooked to an internal temperature of 165 degrees F," Blakeslee says. The internal temperature of the turkey should be measured in the innermost part of the thigh and wing and the thickest part of the breast. For reasons of personal preference, consumers may choose to cook poultry to higher temperatures.
- Let the turkey rest. Once the turkey has met the correct internal temperature, remove the turkey from the oil and let rest for about 20 minutes before carving.

Other common food safety issues when preparing a turkey include: not washing hands properly; not thawing the frozen turkey in a safe manner (such as on the counter at room temperature); rinsing the turkey with water before cooking (leading to cross-contamination); and letting cooked turkey set for more than two hours at room temperature.

In conclusion, as you prepare for the holiday seasons don't forget to plan in advance! If you have other questions about ways to keep your feast safe, reach out to your local extension office.



#### Calla Edwards

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### Why Chemical Applications Fail

I routinely visit with homeowners about issues with their lawns, gardens, and other plants. Sometimes I have people who say that the product they used to control insects, weeds, or diseases didn't work. The issue either comes back or never goes away. There are several reasons why herbicides, insecticides, or fungicides might not work. The first reason that the application wasn't successful was that the wrong product was used. It's vital to correctly identify the issue before making an application. If you use an insecticide to treat a fungal problem or a broadleaf herbicide to control a grass you will not be successful. The second reason a homeowner might have issues with a product is when they don't follow the label. If you use the wrong rate of application or don't reapply the product at the recommended



interval (especially for insects that multiply quickly) you won't get effective control of the problem you are having. One of the final reasons a herbicide might not be effective is the weather when it is applied. If the temperature is too cool, it gets rained on before the rain fast time that product may not be effective. Always read the label and apply the product based on the recommendations. The label is your friend and it is also the law. The label is a valuable resource and will help any gardener be successful. Be sure to use it to your advantage during the growing season. Happy Growing.

### Fall Vegetable Garden Care

Fall is an excellent time to start some gardening projects that are often hard to do in the spring. Once you pull your vegetables out of the garden for the year, incorporate some organic material into the soil. It's common to add organic material in the spring; however, a fall application has several benefits. With the leaves falling from the trees, we have a ready supply of organic material to add to the garden, and the second benefit is that winter will give the organic material time to break down in the soil. Hence, the nutrients are ready for your garden to use next year.

It's also a great idea to till your garden or work it up in the fall or early winter instead of tilling in the spring. Most years, fall weather is drier than early spring, plus you aren't on a time crunch trying to get your garden ready before you plant vegetables in



the spring. Soil that is worked up when it is dry or just slightly damp is easier to till and is less likely to have large clods, which can easily happen when the soil is wet. If you decide to plant a cover crop, be sure to wait to work the soil till the cover crop has been killed by a frost for the season to get the most significant impact on your soil health.

Another task that can easily happen in the fall is to do a soil test in your garden, lawn, or flower beds, as this allows you to add any necessary nutrients or soil amendments before you plant in the garden in the spring. Typically, the soil lab is less busy in the fall, so the results return faster. Plus, you aren't impatiently waiting for your results, so you can start planting.

Fall is an often-forgotten time of the gardening year as many of us are ready to be done with the work by the time late fall or early winter shows up, but it can also be an extremely valuable time to get a head start on next year's garden.

#### Calla Edwards

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K-State Extension is your number one source of reliable, research-based information in Butler County. If you are looking for a speaker for any of your programs or meetings, Horticulture Agent, Calla Edwards, has vast expertise in all areas of horticulture! Some of her programs include:



Butterfly Gardening Feeding the Birds Houseplants Organic Gardening and Insect Management Vegetable Gardening from Start to Finish

Contact Calla at callae@ksu.edu or 316-321-9660

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### What To Do With Fall Leaves

Leaves have been falling over the last couple of weeks due to cooler weather, the time of year, and the wind. Even if you don't have trees in your yard there will likely be some leaves that are blown in from your neighbors. There are many benefits to utilizing the leaves in your landscape however too many can and will kill the lawn or desirable plants. Before the leaves fall is a good time to plan for what to do with your leaves.



Falling leaves are an excellent source of organic matter to replenish nutrients in soil and improve the soil structure but in a lawn setting, they can quickly create a mat that will kill the grass underneath. One of the best ways to utilize leaves in your lawn is to use a method called mulch mowing. As you get a thin layer of leaves on top of your grass, one to two inches not 6-8" of leaves, mow your lawn with the bagger off. The mower will chop the leaves into small bits that can fall through the grass to land on the soil surface. These pieces will break down over the winter and add to the soil. You can tell you have been successful with mulch mowing when you look behind you and see mostly grass with a few leaves. If you see mostly leaves you probably waited too long. If you have lots of trees in your yard this may have to be done multiple times a week when the leaves are falling the most.

Leaves are an excellent addition to any compost pile. For the best results, mulch or shred the leaves so they are in smaller pieces before putting them in the compost pile. This allows them to break down faster. You can also add mulched leaves directly to the garden and either leave them on the surface or till them into the soil to break down for next year. Most of my leaves, and some of my neighbors, end up as mulch over the top of my garden. This helps prevent winter annual weeds from germinating and makes a great cover for my soil in the spring.

Leaves can be an excellent mulch around perennials and other flowers in your flower beds. They help insulate the soil and keep the delicate crowns of tender plants protected from the freeze/thaw cycles we see in the spring. I tend to leave the leaves around my perennial beds to clean up in the spring for this reason. There is such a thing as too many leaves in a perennial bed. Just a few inches of leaves is enough for insulation, if you get over 6" you could damage the plants underneath by keeping them too wet.

If possible leave some leaves sitting for native pollinators and other beneficial insects to overwinter in. Many of our good bugs utilize leaves and standing plant material to survive till next spring. No matter how you use your leaves, make a plan on what to do with them so you can avoid sending them to the landfill this fall.

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### November Gardening Calendar

#### **Vegetables and Fruits**

- Sort apples in storage and remove spoiled fruit
- Clean and remove fallen fruit from around trees to reduce insects and disease for next year
- Protect trunks of fruit trees from damage with tree wraps
- Take a soil test and make needed adjustments in the fall
- Till garden soil and add organic matter



#### **Flowers**

- Clean the rose bed to reduce disease next season.
- Cut back tall rose canes to 24 inches to prevent winter breakage
- Remove frost-killed annuals
- Till annual flower beds and add organic matter to improve soil
- Continue planting spring flowering bulbs
- Depending on your gardening style, leave or cut back perennial stalks to 4 to 6 inches
- Apply a winter mulch to perennials and roses after several hard freezes

### November Gardening Calendar Cont.

#### Lawns

- Rake fallen leaves from the lawn to prevent winter suffocation
- Fertilize cool-season lawns, with a quick-release high-nitrogen fertilizer to promote root development and early spring green up
- If needed, water turf so it starts winter with ample moisture
- Control dandelions, henbit, and chickweed before spring green up
- Continue to mow into the fall at 2 to 3 inches



#### Miscellaneous

- Clean and oil garden tools, sprayers, and other equipment to store for winter
- Drain garden hoses and sprinklers then store them indoors for increased life
- If fuel is to remain in power equipment, add fuel stabilizer, otherwise drain gas
- Protect ornamental and fruit trees and young plants from rabbit damage by wrapping or enclosing them in wire screen
- Start a compost pile with fall leaves
- Turn compost pile to hasten breakdown
- Start planning for 2026



**Trees and Shrubs** 

- Water newly planted trees and shrubs
- Plant new trees and shrubs
- Rake leaves and place them in the compost pile
- Check mulch layers and replenish
- Prune dead or hazardous limbs
- Wait to prune spring flowering trees and shrubs until after bloom



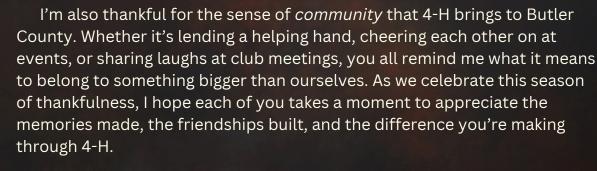
4-H

#### **Madeline Wallace**

4-H Youth and Development Agent <a href="mgwallac@ksu.edu">mgwallac@ksu.edu</a>
<a href="https://www.butler.k-state.edu/4-h/">https://www.butler.k-state.edu/4-h/</a>

# A Minute with Madeline A Season of Gratitude in 4-H

November is the perfect time to pause and reflect on what makes our 4-H program so special — and there's *a lot* to be thankful for! I'm grateful every day for our amazing 4-H members who bring energy, creativity, and heart to everything they do. From record books to service projects, you all continue to impress me with your hard work and dedication. A big thank-you also goes out to our incredible parents and volunteers who make the magic happen behind the scenes. Your support, encouragement, and countless volunteer hours are what keep 4-H strong!



GIVE THANKS

#### 4-H

#### **Madeline Wallace**

4-H Youth and Development Agent <a href="mgwallac@ksu.edu">mgwallac@ksu.edu</a>
<a href="https://www.butler.k-state.edu/4-h/">https://www.butler.k-state.edu/4-h/</a>





### 4-H Online Enrollment Opens October 1st!

**4-H's Long-reaching Effects**Compared to other youth, 4-Her's are:

4x more likely to contribute to their communities





The Top 5 Project Areas in Butler County:

- 1. Visual Arts
- 2. Foods & Nutrition
- 3. Photography
- 4. Woodworking
- 5. Fiber Arts (Includes
- 9 Projects)

Find more information here:



#### What does Butler County 4-H have to offer?

- 9 Community 4-H Clubs across the County
- Butler County 4-H Shooting Sports
- Over 70 Projects
- Cloverbud Program for ages 5-6 yrs.

Visit Our Website https://www.butler.k-state.edu/4-h/ Call Us 316-321-9660

Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.

The new 4-H year began on October 1st, 2025! From hands-on exploration to project-based skill building, young people thrive through participation in 4-H and find their way to success in life and future careers. We are excited to offer over 35 projects, ranging from Foods and Nutrition, to Robotics and Geology, to Livestock. There truly is something for everyone! We focus on exploration, learning, and experiencing the world around us through hands-on activities lead by our qualified volunteers and mentors. Any Butler County youth ages 7 to 18 is eligible to join 4-H! Our learning pathways support 21st century learning skills to help our youth grow and develop into productive citizens within their community! I encourage you to visit our website:

https://www.butler.kstate.edu/4-h/ to learn how to enroll in 4-H!