The 4-H Forecaster

K-State Research &
Extension Butler County

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Happy New Year!



Happy 2014! I hope the New Year is off to a good start for each and everyone of you! We have a lot of new families and I am excit-

ed to see what 2014 holds!

With some changes already made and more coming down the pike, by hanging in there and helping each other out, we will all get through them together! Some of the changes have came down from the State such as the VIP changes. Others, we have been working on to streamline the process

and make things for more user friendly!

Volume 1, Issue 1

January 2014

If you have a thought or suggestion of something that would help the process out, please let us know. We, by all means, can't change everything, but we can take a look to see if there's a way to make it more user friendly!

As we go through the year, remember, we are here to help! I say that honestly and sincerely. Do not hesitate to call or e-mail. I look forward to seeing you at events and working with you!

~Charlene

Record Books

You may recall, from back in November at the Achievement Celebration we had a record number of record books turned in! A wonderful group of volunteers got together to judge them.

6 of the County Champion record books were

turned in to be judged on the Regional level. Amanda Becker, Amy Varner, Danielle Chilcott and Faith Hadley each turned in books.

Danielle's Foods & Nutrition and Faith's Citizenship books were selected to be judged at the State level. Both of those categories had several record books turned into be judged and theirs were selected as being in the top 2!

Congratulation to Danielle and Faith! We wish them the best of luck at the State judging!



Page 2 Newsletter Title

Leader's Lounge

Calling all Community Leader's! Each month I will have a section for you as a "check-up" and serve as a reminder of things to do. If there is something you would like to see, don't hesitate to let me know!

We are into our third month of the new 4-H Year. I hope you are starting to settle in!

SUCCESS TEM

Review

_4-H Forecaster for important dates
_Review information with your club

<u>To-Do</u>	
Make sure a	l VIP's are turned in
Make sure a	l 4-H Enrollment cards are turned in
Make sure a	dd/drop forms are done if needed
Check club m	ail-box at Extension Office
Check your c	lub's progress towards goal you set
Make sure 4	-H Council report is given to the club
Project Lead	ers conducting project meetings
Turn in regist	ration for County 4-H Days
Watch closel	y for 4-H Days door monitor assignments
Promote/Recruit	
4-H Camp M	ay 28-30
4-H Discover	y Days the first week of June

_4-H Camp Counselors needed for 4-H Camp (go up on May 27)

If your actions
inspire other to
dream more, learn
more, do more and
become more, you
are a leader."
~John Quincy
Adams

Remember

It you need to cancel for 4-H days, call the extension office by noon on February /th
4-H Days will be held on Feb 8th at the Community College
A new 4-H policy went into effect in Oct. If you are making changes to Bylaws etc, make
sure they meet the policy!

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4-H Days

February 8th, 2014 at Butler Community College, 901 S. Haverhill Rd., El Dorado

- 1) Entries are due by 5:00 pm on January 22nd.
- 2) Scheduling—Scheduling of youth and events will take place on January 27th. We will have the schedule out just as soon as possible!
- 3) Room Monitors—Each club will be responsible for room monitors. Those will be assigned as we are doing the scheduling.
- 4) Cancellations—We know last minute events and illnesses happen. If at all possible, please let us know by Noon on Friday the 7th if you know you will not be there. If you wake up sick that morning, please stay home and call your community leader to let them know you won't be there!
- 5) Guidelines, Scorecards, Etc—Can be found online at www.butler.ksu.edu. Community Leaders also have been asked to send them out to everyone!
- 6) Pickle Power: A No-Prep, Drop-In Event at 4-H Days! Solve a dilemma, eat a pickle! 4-Her's of any age can drop-in from 1:30 pm—4:00 pm at 4-H Days to receive a dilemma.



- 7) Regional 4-H Days will be held on March 15th. Those receiving top blues at County 4-H Days will be eligible to participate in Regionals.
- 8) There will be no FCS judging contest at 4-H Days this year. Stay tuned for further information on FCS judging.

4-H Camp

May 28th—31st (couselors go up on the 27th)

- 1) Rookie Campers—Rookie Campers will BE LIMITED this year. 45 spaces are open and will be filled on a first come first serve basis. Look to the back of this newsletter for the form, but please know, we CANNOT accept them until **FEBRUARY 3rd**. The sooner you get them to me, the better the chances of getting rookies in.
- 2) Regular Campers—Look for forms at the end of this newsletter.
- 3) Counselors—Counselors are needed, males and females for rookie and regular campers! If you are in 8th grade, consider being a 4-H Camp Counselor! We need you! If you are interested but have questions, give Charlene a call.
- 4) Cost—You will notice the cost has went up slightly. This is due to the increase in cost from Rock Springs.

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Local News and Deadlines

4-H Council

- Next meeting is February 13th. Please have a representative from your club attend every meeting!

Horse Judging

- Are you interested in horses and/ or learning how to judge them. Contact Charlene at the office or by email at cmmiller 1@ksu.edu for more information!

Foods Judging Workshop—Save the date for March 31 for a Foods Judging Workshop in El Dorado. This is open to adults. If you are a Junior Leader and interested in attending, contact Charlene. More information will follow soon.

Pin Applications

- Pin apps are being revised and anticipate being out by the first of February.

Youth Leadership Butler

- We are in the early phases of working with Becky Wolfe and Youth Leadership Butler to get 4-H participating with them once again!

IMPORTANT DATES

January 22—4-H Day pre-entries

January 22—Fair Board Mtg

January 24—VIP Orientation Training Due

February 1-Market animal enrollment deadline

February 7—4-H Day cancellations due to Extension Office by noon

February 13—4-H Council

March 8-Market Beef Weigh-In

May 1—Market beef nominations due

May 1—ALL project enrollment deadline

May 1—Horse ID Papers Due

May 22 - Mini-Fair

June 7—Spring Horse Show

July 12—Co. Fair Horse Show

July 14—Supporter's Picnic

July 19—Fashion Review

July 26-31—County Fair

September 5-14—Kansas State Fair

4-H Public

Speaking



"Believe in yourself! Have faith in your abilities! Without a humble but reasonable confidence in your own powers you cannot be successful or happy" ~Norman Vincent Peale





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State 4-H News

4-H Day Presentations Fact

<u>Sheets</u>—Are available online at the State 4-H Website.
Need help finding them? Contact Charlene and she can point you in the right direction!

AWARDS

- 4-H Scholarships for the State level are due by February 3rd. If you are interested in scholarship information, contact Charlene.
- Alumni Award—Do you know someone who is a 4-H Alum has made significant contributions and exemplifies leadership and citizenship? Consider nominating them for an Alumni Award. Contact Charlene for more information. Nominations are due March 1 into the State office.

CAMPS

- KSU Animal Sciences Leadership Academy, June 11-14, 2104 in Manhattan. Visit www.youthlivestock.ksu.edu for more info.
- Discovery Days is in need of Floor Counselors. This is open to 4-H Alums and even responsible youth that were not in 4-H. Contact Charlene at 316-321-9660 if interested
- Discovery Days is looking for anyone who would be interested in teaching a class. There

are 3 hour and 90 min spots available. Contact Charlene if you are interested.

- Photo Adventure Camp—June 14-17 at Rock Springs. Save the dates and stay tuned for more info!!
- Environmental Engineering Camp—March 21-23 at Rock Springs. Register at www.rocksprings.net_by February 28th.

ESSAY/OTHER OPPORTUNITY



- DuPont Challenge Science

Essay. Entries are du on January 31st. Students who are 13 and in a least 7th grade are eligible. Go to

http://thechallenge.dupont.com for more info.

- No Bull Videos—promote the importance of being an upstander and creating a positive school culture to end cyber and all other forms of bullying on a global basis. Entries due April 30, 2014. www.nobullchallenge.org

HORSE

- 2014 SC District Horse Show will be on July 7th in Kingman, KS
- Horse judging contest at Equifest (KS Coliseum) on Feb 14. Registration due January 31 to State 4-H Office.

- Horse judging camps for beginners and advanced in June. Visit www.youthlivestock.ksu.edu

NATIONAL 4-H CONGRESS

- Are you a Key Award recipient or interested in going to National 4-H Congress and have never been? If you are interested in more information, contact Charlene

SHEEP

- Ks Junior Sheep producer day will be held on March 29th. Early registration is due on March 7th. Visit www.youthlivestock.ksu.edu for more information.

SHOOTING SPORTS

- Instructor training will be March 28-30 at Rock Springs. Contact Gene Maggard if you are interested. More information will be available soon.

YOUTH LEADERSHIP COUNCIL

The Kansas Youth Leadership Council met in January and elected the following officers:

President—Blake Foraker, Sg.Co.

Vice Pres—Anna Setter, Southwind District

Secretary—Jill Seiler, Sg. Co.

Public Relations Director— Jacqueline Clawson, Meade Co

K-State Research & Extension/ Butler County

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Agent's

Dave Kehler, Ag Agent & Office Director dkehler@ksu.edu
Charlene Miller, 4-H Youth cmmiller1@ksu.edu
Barb Roths, Family & Consumer Sciences broths@ksu.edu
Larry Crouse—Horticulture lcrouse@ksu.edu



4-H PARENTS PLEDGE

Recently, we have been cleaning our offices and filing cabinets preparing for the new carpet to be installed. Upon digging in the filing cabinets, I found a letter to new 4-H parents from one of my previous 4-H agents, Mrs. Carolyn Mosiman, now Mrs. Webb! In it she had included a "4-H Parents Pledge" which is quoted from the Oklahoma 4-H Newsletter with credit to Retta Miller. I want to share it with you!

I pledge my HEAD to give my child the information I can, to help him see things clearly and to make wise decisions.

I pledge my HEART to encourage and support my child no matter whether he has successes or disappointments.

I pledge my HANDS to help my child's club; if I connot be a leader, I can help in many equally important ways.

I pledge my HEALTH to keep my child strong and well for a better world through 4-H, for my child's club, our community, our country, and our world.

Walk Kansas—Will Your Club Join In?

How does Walk Kansas work? Co-workers, families, friends and neighbors form teams of six people. From March 16 through May 10 (8 weeks), participants log minutes of physical activity and cups of fruits/vegetables consumed each day. They report their numbers each week to the team captain. Captains report their team's progress weekly to the Butler County Extension Office.

Choose the Challenge for Your Team: Each team chooses ONE of the following:

Challenge 1: Each participant sets an activity goal for 150 minutes per week. If each team member reaches this goal for 8 weeks, the team would walk 423 miles. That's the **distance across** the state of Kansas.

Challenge 2: Each participant logs 5 hours of moderate/vigorous activity per week. Collectively, the team would walk 846 miles, the **distance across the state and back**.

Challenge 3: Each participant logs 6 hours of moderate/vigorous activity per week. Collectively over 8 weeks, the team would walk 1200 miles, which is the **distance around the perimeter** of the state of Kansas.

Is walking the only activity that counts? Any physical activity that is performed at

a moderate or vigorous level (for at least 10 consecutive minutes) can count. This could include activities such as swimming, jogging, bike riding, aerobic exercise, tennis, even pushing a lawn mower. Strength and flexibility exercises also count.

Stay tuned for more information on fees, entry deadlines, t-shirts, etc. Be a part of something great and consider forming a team or having a club challenge!



OZ-SOME 4-H CAMP REGISTRATION FORM

May 28-31, 2014

RETURN TO: K-State Research and Extension, Butler County

DUE: April 24, 2014

REMEMBER-Rookie Camp numbers are limited and registration will open on February 3rd.

Date Rec'd	
Paid - Cash or	Check
Amount Paid	
Paragraph Scholarsh	ip
T-Shirt - SIZE	

Name:		Club:	
(Last)	(First)		
Circle one: BOY GIRL	Grade (April, '14)	Birth Date	Day/Year) Age
Check one:4-H Rooki	e Camp (May 28-29) st-2 nd grade)	(Month/I 4-H Camp (Nonpleting 3 rd -7 th grade)	May 28-31)
Parent or Guardian			
Phone: Home: ()) Work: ((<u>)</u> Ce	ell: <u>()</u>
Home Address:(Num			
(Num	ber and Street)	(City) (St	(Zip Code)
Friends I would like to live v	vith at camp: (IncludeNam	ne, Grade, Club)	
+++++++++++++++++++++++++++++++++++++++	 ++++++++++++++	++++++++++++++++++	++++++++++++++
circumstances. The Camp Asso +++++++++++++++++++++++++++++++++++	al fee payable upon registrati epted. Total camp cost includi	++++++++++++++++++++++++++++++++++++++	++++++++++++++
RO	OKIE CAMP	<u>4-H CAM</u>	<u>P</u>
	\$ 92 (members only)	\$1	173 (members only)
Dla	asa maka ahaske navahla ta	Butler County 4-H Counci	
To be considered registered for			
Have the following forms been Registration Form (All 2 Camper release form/Coo	completed?	4-H Member ScholarOzSome Camp is wo program for 2014. Stay tune	rship form (if applying for one) rking on using a different medical ed for additional information. Make form is on file in the Extension
PLEASE MARK YO	OUR T-SHIRT SIZE - " <u>AI</u>	LL" CAMPERS WILL RE	CCEIVE A SHIRT
Youth SizesSmall	(6-8)Medium (10-	12)Large (14-16	5)
Adult SizesSmall	Medium	LargeX-Large	2X-Large

CAMPER RELEASE/AGREEMENT FORM

Message to Parents and Campers

All reasonable efforts are made by the OZ-Some Camp Association to provide a safe, secure environment at 4-H Camp. As part of that effort parents and campers are asked to jointly complete the following information.

CAMPER CODE OF CONDUCT:

Attending camp at Rock Springs 4-H Center is a **privilege**; not a right. Camp provides a wonderful opportunity for exploring new interests, making new friends and learning to make decisions as a member of a group. To maximize this experience, each camper is expected to abide by the camp rules and conduct themselves in an appropriate manner. Please read and sign the agreement at the bottom of the page.

As a camper, I agree to:

- 1. Follow the guidance of the agents, counselors, and Rock Springs staff.
- 2. Attend all scheduled camp activities. If I am not feeling well, I will tell my counselors or an agent.
- 3. Use language and manners that will bring respect to myself and Kansas 4-H. Bad language will not be tolerated.
- 4. Treat Rock Springs 4-H Center, including the wildlife with respect.
- 5. Follow curfew and quiet time hours.
- 6. Do not bring water guns, water toys, radios, tape players, electronic games, weapons (knives, guns, etc.) matches, lighters, fireworks, cell phones or offensive magazines.
- 7. No cell phones are allowed. If a counselor or camper is found to have a cell phone, he/she will be sent home.
- 8. Abide by the OZ-Some Camp Group Dress Code:
 - Items of clothing advertising alcoholic beverages, tobacco products or drugs, or that have vulgar, obscene or offensive messages **are not appropriate.**
 - Undergarments should be worn but not seen.
 - Hats, caps, and visors are not appropriate inside buildings and at meals.
 - Shorts should be appropriate for school (Example: 3-5 inch inseam).
 - Shirts, blouses, tops and t-shirts cannot expose the midriff, the back, or cleavage. Tank tops are allowed as long as they are not revealing. See through shirts are not acceptable. Shirts cannot be altered.

CAMPER PICK-UP RELEASE INFORMATION

- One piece swimsuit is preferred.
- When leaving the swimming pool area everyone must have a shirt on.
- All wardrobes are subject to approval of adults in charge.

Please list below individuals who have your permission to pick up your child at the end of 4-H Camp.	Your child will be released
ONLY to those individuals. Include yourself , family members, other campers' parents or leaders.	
NAME:	

WHILE.	
1.	4.
2	5.
3	6.
Is there anyone NOT authorized to pick up your child at	camp?
NAME:	
1	2
	+++++++++++++++++++++++++++++++++++++++
	I understand that should my child choose not to obey camp rules, they d my child have to leave camp for disciplinary or illness reasons, I am
(Parent or Guardian Signature)	(Camper Signature)

4-H REGULAR CAMP SCHOLARSHIP FORM

Name:
4-H Club:
Date/Year:
Requirements to receive a \$25 or \$40 scholarship for County 4-H Camp: Write a paragraph or poem about why you want to go to camp and attach to this form.
 1st year 4-H members must meet 2 of the numbered requirements listed below. First year members can only receive the \$25 scholarship. 2nd year or longer members must meet 5 of the numbered requirements listed below for a \$25 scholarship. Nine (9) or more of the numbered requirements for a \$40 scholarship. All requirements must have bee completed within the past 12 months unless stated otherwise.
Turned in completed record book. A completed record consists of Butler County Simplified Record (for 7 & 8 year olds) to community club leader OR personal page, livestock and/or non-livestock record keeping worksheets for each project, permanent record, and story to community club leader OR Junio Award Application OR Kansas Award Portfolio for county judging in the prior 4-H year. This is not requirement for first year members.
Check the requirements that you have completed. 1. Attended at least 3 club meetings since October 1 of the current 4-H year.
2. Participated in this year's 4-H Day (in a presentation, as a room monitor or a participant in gavel games). Type of participation:
3. Presented a demonstration, illustrated talk or project talk at a club meeting.
Type of talk:Month presented:
4. Exhibited at last year's county fair.
5. Worked in the concession stand at the county fair this past year.
6. Participated in a county event (other than the county fair) such as Mini Fair, Spring Beef Show, etc. (Participation means actual involvement, not just attending.)
Event:Type of participation:
7. Attended the County Achievement Night, Supporter's Picnic, Officers Training or other county eve this past 4-H year. Name of event:
8. Served on a club committee. Name of committee:

Please turn page over for more options.

	Exhibited at last year's Kansas State Fair or Kansas Junior Livestock Show. What event What project
10.	Served as a club officer. Office held:
11.	Received an Achievement Pin at last year's Achievement Banquet.
	Pin received:
12.	Provided leadership to club or county. Examples include help a project leader with meetings, help 4-H members with records, help with a division at the county fair. Explain leadership:
13.	Be a CloverBuddy or help with a CloverKid activity.
	How you helped:
14.	Assisted with a community service project.
	Project:
	How did you help:
_	
_	
Signatur	o of 4 Hor Signature of Community Club Leader

This application must accompany the registration form and payment for 4-H Camp when submitted to the Extension Office. 4-H member must sign this application before it will be accepted for consideration of a scholarship. Signature of Community Club Leader signifies that previous year record book was completed and turned in to them or to the Extension Office.

OZ-Some4-H <u>Camp Counselor</u> <u>Application and Code of Conduct</u> (completed form due to Extension Office no later than <u>April 11</u>)

Camp Counselors must be 8th grade and older (May, 2014). Preference will be given to those in 9th grade and above.

All Counselor Applicants must attend Training on May 27 and 28.

Name					Age	<u></u>
Addre	(Street, Road)			(7)	• >	
	(Street, Road) (Grade completed 2013)		City) Phone ((Zip Cod	le)	
	(Grade completed 2013)					
T-Shir	rt - Adult Size (circle one):	S M L XL	XXL			
E-mail	I					
Serving	elor Objective g as a counselor at 4-H Camp y providing educational exper				d sense of accomplishme	ent that counselors
		<u>Co</u>	ounselor A	Agreement		
I realiz	te that as a counselor at Rock	Springs 4-H Cente	r for the Oz-S	ome 4-H Camp gro	up, I will:	
✓ Be	ust attend the Camp Counse e responsible for a group of 8- ll be 24 hour per day while at	9 4-H campers fro	m our camp g	roup. This group w		
This re	esponsibility will include, but	not be limited to th	ne following:			
✓ Be	etting campers to scheduled aceing with campers at all times eing accountable for the campunselor training and meetings	! The only exceptiing group's behavi			cipline policies will be di	scussed during
		<u>C</u>	ounselor (Questions		
	ou served as a camp counseld K:4-H, Years_		Other, Y	ears		
Explain	n					
Have y		er of times ber of times				
Explain	n					
What c	camp experience would you programmed and a contract of the con	y 28-29)	all positions a	vailable.		
Explain	n					
What r	orevious experience do you ha	ve working with y	outh, small gr	oups specifically?	(i.e., church, school, com	nmunity, etc.)

Why are you interested in serving as a camp counselor? Why should you be selected to serve as a counselor this year?
Have you read the camp counselor guidelines and job description? After doing so, what is the role of a camp counselor? How can you fulfill this role?
What are some of the reasons for conducting 4-H Camp, besides fun???
What counselor responsibilities would you like to learn more about in the counselor training session?
Committee Selection: Please rank the following committees 1 thru 4 (All selected Rookie Counselors will be on a Rookie Committee Meals, Manners and Songs Committee Flag Raising Committee
Campfire Planning Committee Camp Closing Ceremony Committee
***F.ssav• By serving as camp counselors you are preparing yourselves for college and the workforce. Many of you will be

***Essay: By serving as camp counselors you are preparing yourselves for college and the workforce. Many of you will be applying for college, scholarships and jobs. Often times an essay is a part of this process. So, to apply for camp counselor this year, please practice your essay writing by completing a one page essay on a separate piece of paper, double spaced, typed preferred.

Essay Topic: Choose two of the Essential Elements and explain how they are practiced during camp. The Essential Elements are: Belonging, Mastery, Independence and Generosity.

COUNSELOR RELEASE/AGREEMENT FORM

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As a camp counselor, I agree to:

- ✓ Follow the guidance of the agents and Rock Springs staff.
- ✓ Attend all scheduled camp activities and be on time. I will communicate with an agent if problems arise.
- ✓ Use language and manners that will bring respect to myself and Kansas 4-H. Bad language will not be tolerated.
- ✓ Treat Rock Springs 4-H Center, including the wildlife, with respect.
- ✓ Follow and enforce curfew and quiet time hours.
- ✓ Not bring water guns, water toys, radios, tape players, electronic games, weapons (knives, guns, etc.) matches, lighter, cell phones or offensive magazines.
- ✓ No cell phones are allowed. If a counselor or camper is found to have a cell phone, he/she will be sent home.
- ✓ Abide by the OZ-Some Camp Group Dress Code:
 - Items of clothing advertising alcoholic beverages, tobacco products or drugs, or that have vulgar, obscene or offensive messages are not appropriate.
 - Undergarments should be worn but not seen.
 - Hats, caps, and visors are not appropriate inside buildings and at meals.
 - Shorts should be appropriate for school (Example: 3-5 inch inseam).
 - Shirts, blouses, tops and t-shirts cannot expose the midriff, the back, or cleavage. Tank tops are allowed as long as they are not revealing. See through shirts are not acceptable. Shirts cannot be altered.
 - One piece swimsuit is preferred.
 - When leaving the swimming pool area everyone must have a shirt on.
 - All wardrobes are subject to approval of adults in charge.
- ✓ Forfeit my camp counselor experience, if I am arrested and/or convicted of a DUI, MIP and/or other drug or alcohol-related offense after being selected as a camp counselor.
- Contact my Extension Agent to let them know I have been arrested and/or convicted of a DUI, MIP and/or other drug or alcohol-related offense.
- ✓ Attend Camp Counselor Training and fulfill my Camp Counselor time commitment.

PHOTO RELEASE

n to use any photography of my child taken by the official or any other use by K-State Research and Extension. I also d Extension.	•
Date	
application to the best of my ability. I also understand that ies in the accepted format could result in my being sent how	
(Counselor Signature)	
	Date application to the best of my ability. I also understand that ies in the accepted format could result in my being sent ho

K-State Research and Extension

January, 2014

OZ-Some Camp

Title: CAMP COUNSELOR

Purpose: Provide guidance and leadership for 8-9 campers in a safe, nurturing environment.

Responsibilities of Duties:

- 1. Complete the camp counselor application, arrange for interview time, and sign camp counselor code of ethics.
- 2. Attendance and participation in camp counselor training.
- 3. Welcome campers to camp and make them feel safe.
- 4. Create a team atmosphere among campers while participating in activities.
- 5. Observe campers and be aware of their health (checking health card and taking campers to nurse if necessary), safety and well-being. Report to camp nurse if necessary.
- 6. Know where campers are at all times and be present during critical times.
- 7. Observe the camp rules.
- 8. Initiate group decisions.
- 9. Follow camp schedule.
- 10. Communicate with agents any behavioral problems, sickness, etc.
- 11. ½ payment of camp registration (depends on your Extension Unit).

Skills/Knowledge Needed:

- Junior Counselor experience (preferred not required)
- Communication skills both written and verbal
- Organizational skills
- Ability to work with youth
- Listening skills
- Sensitivity to campers' personalities, differences, and needs
- Ability to motivate youth
- Small group decision-making skills

Time Required:

- 15 minute interview
- 2 day camp counselor training
- 4 days Rock Springs 4-H Center

Resources Available:

- Previous camp counselors
- OZ-Some Association members
- County/District Extension Agent
- Counselor Application

Benefits to Volunteer:

- 100% Camp fee provided
- Meet new friends
- Work with youth
- Leadership skills gained
- Opportunity to role model

Expectations Resulting from this Position:

- Fun, safe, camp environment
- Campers' feeling safe
- Self-confidence