

The 4-H Newsletter



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Research and Extension

Butler County

August 2022

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The 2022 Butler County Fair Has Come and Gone!

Like any big event, a lot of behind-the-scenes work and volunteer hours go into making it a success. I was very pleased to see a good turnout at setup and cleanup! Many hands made for light work, and there were jobs for volunteers and family members of all ages.

While the Fair provides competition, it is above all a learning experience. For me, the best moments were hearing some of you say that you'd learned a lot from a judge, that you had ideas for next year, and that you'd had fun with friends. Time after time, I saw 4-Hers and volunteers step in to help without being asked when someone needed a hand. I'm proud of all of you!

I know that you provided a great experience for our judges, as well. Several were new to judging county fairs and are now hooked! It's very rewarding for people who have a deep interest in a project area to work with younger generations who share their interests and passions. Throughout my many years as a county fair rabbit judge, I've always said that I get even more from it than the 4-Hers do, and I know that many of our judges agreed. Sometimes it can be hard to accept constructive feedback, but it's given with the intent of helping you to improve and succeed.

Elsewhere in this issue you'll find information for entering the Kansas State Fair. Please reach out if you have questions. I hope to see a good showing of Butler County projects there!

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**TO MAKE THE
BEST BETTER**



Leader's Lounge

August Check-Up

- Encourage 4-H'ers to ask their friends to attend a meeting
- Ask your 4-H parents to encourage others to get involved

Review

- Read the *4-H Newsletter* and mark important dates on the calendar.
- Review highlights from the *4-H Newsletter* at your club meeting.
- Participation and awards earned at the county fair

To-Do

- Check in with project leaders to ensure they are on task and holding meetings
- Check club mailbox at the Extension Office
- Help 4-Her's plan and prepare record books
- Make sure 4-H Council report is given to the club
- Begin preparing yearly Club Summary

Promote/Recruit

- Club Participation at Achievement Celebration
- Participation at the Kansas State Fair



Important Dates and Deadlines

August

- August 1st:** Extension Office accepting state fair entries
- August 4th:** Kansas 4-H Wheat Expo
- August 4th:** Ambassador Day Camp
- August 10th:** STEAM Day
- August 11th:** Deadline for state fair pre-entries by **5:00 PM**
- August 15th:** State Fair entries **due** for dairy animals
- August 20th-21st:** Livestock Sweepstakes
- August 27th:** Shooting Sports State Hunting Skills Match

September

- September 6th:** State Fair Entry Drop-Off (11:30 AM—1:30 PM / 3:00 PM—6:00 PM)
- September 9th-18th:** Kansas State Fair
- September 23rd:** All pin applications, scholarships, record keeping forms, and club end of year reports **due**
- September 30th-October 2nd:** Kansas Junior Livestock Show

October

- October 1st:** The 2022-2023 4-H year begins

See the 2021-2022 4-H Calendar
[HERE](#) for all event dates



2022 Kansas State Fair Information

We are excited about another fantastic Kansas State Fair coming up this September!

Please make note of a few things....

Dairy Exhibitors:

- Entries are not done through the Extension Office this year, they are all online through the Kansas State Fair.
- You can find the information in the Kansas State Fair Handbook, page 101 [HERE](#). The Kansas State Fair open class information and registration is [HERE](#).

Volunteer Information:

If you would like to volunteer at the Kansas State Fair, you may sign up [HERE](#). This will also include the option to help with Centennial Hall set up on August 31st. Submissions must be turned in by August 15th. Each volunteer will receive an admission ticket once the Fair has started.

Ticket Ordering:

- We will be ordering additional State Fair Tickets if you would like to purchase them. Please note that each static exhibitor will receive two free tickets in lieu of premium money.
- Adult Gate Tickets are \$7 and Youth Gate Tickets are \$3. There will be a \$1 handling fee for all ticket orders; this fee is per order, NOT per ticket. Tickets must be ordered by 5:00 PM on Thursday, August 11th. Money for the tickets will need to be paid by 5:00 PM on Monday, August 15th. Checks will need to be made payable to Butler County 4-H.
- To order tickets, please visit this [link](#).

Entry Information:

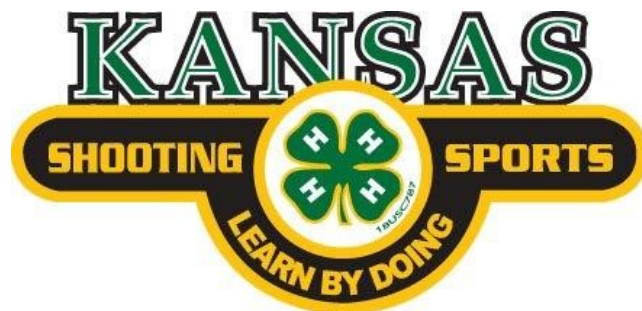
- We are accepting Kansas State Fair Entries through 5:00 PM on August 11th.
- Please read the General and Division rules in the State Fair Book. You can find a link to that [HERE](#)
 - The Eligibility section in each division will let you know if your entries qualify. Division rules will detail any labeling required for exhibits. This page also includes links to forms you may need to bring with your entry. Again, please read this carefully as accurate forms and labeling are the responsibility of exhibitors.
- Complete the entry collection form for your entries. Please make sure that you have all fields as required on the second page.
 - You can log into 4-HOnline to check each 4-Her's years in project. You can print this form and drop it off during office hours, mail it to our office, or attach it to an email. If you choose email, please send to both briony@ksu.edu and aevans1@ksu.edu.
- Exhibitors will receive two free entry tickets per exhibitor in lieu of premiums. We will order these and notify exhibitors when they are available for pickup.
- Entries may be dropped off at the 4-H Building on September 6 from 11:30 – 1:30 or 3:00 – 6:00. Further instructions about entry preparation for transit will be sent to exhibitors.
- Please note that some divisions, such as Fashion Revue and Visual Arts, only allow a certain number of entries per county. Those entries are preselected and eligible 4-Hers have been notified.



Shooting Sports

The 2022 Kansas 4-H State 4-H Shooting Sports Matches are scheduled as follows:

- State Hunting Skills Match- August 27, Junction City
- State Archery Match- September 24, Lindsborg
- State Small Bore & Muzzleloading Match- October 1, Topeka
- State Shotgun Match- October 8-9, Wichita



Extension Welcomes New FCS Agent!



Bonnie Brewer will begin serving as the Butler County Family and Consumer Sciences Extension Agent, effective July 25th, 2022.

Bonnie grew up in Northeast Kansas and she loves the great outdoors. Bonnie enjoys spending as much time as possible with her family, and doing projects with her three children and husband.

She earned her bachelor's degree in Human Ecology from Kansas State University and her master's degree in Family Studies from Amberton University. She has most recently been employed as a marketing manager for Grazing Plains Farm in Newton, KS. She has dreamt of diving into this career since she was in 8th grade, and she is very excited to finally try it out!

Contact Bonnie Brewer via email at bjbauerl@ksu.edu.



Ambassador Day Camp

There Is No Place Like 4-H Day Camp!

Thursday, August 4th | 1:00 – 5:00 PM

Located at the Butler
County 4-H Community
Building (200 N Griffith
Street in El Dorado)

Free event for all
youth ages 5-9 yrs.

Limit of 30 youth

A light snack will be provided



Register here: <https://bit.ly/3z6WLgJ>



Come join the
4-H Ambassadors
for a fun day of
games, crafts,
and making
new friends!

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K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contact (Briony Smith) by August 1st at 316-321-9660 or briony@ksu.edu. Requests received after this date will be honored when it is feasible to do so.

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STEAM Day



August 10th, 2022
8:30 AM – 5:00 PM
Located at the Butler County
Community Building,
200 N Griffith Street
in El Dorado

Participants will get
to explore various
STEAM topics
including architecture,
physical forces,
electricity,
programming and
more!

Register here:
https://kstate.qualtrics.com/jfe/form/SV_8c7LtiowbmoMd0



Limited to the first 20 participants ages 10 and up!
Participants will need to pack a lunch for the day.
Light snacks will be provided

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2022 Kansas 4-H Wheat Expo

Kansas 4-H Wheat Expo

Open to all 4-H & FFA Members,
Family Members, 4-H Leaders,
Vocational Education Staff and
Extension Staff

Thursday, August 4, 2022

9:00 a.m. – 3:00 p.m.

Stafford County Annex Building
210 E. 3rd, St. John, KS

\$6/person registration payable at the door

- Wheat Judging
- Foods Contest
- Photography Contest
- Judging Contest

The Kansas 4-H State Wheat Expo is sponsored by the Kansas State University Agricultural Experiment Station and Cooperative Extension Service. K-State Research and Extension is an equal opportunity provider and employer.



The Kansas 4-H State Wheat Expo is a wheat fun day showcasing all things wheat. Lunch and refreshments are sponsored, and tours will be available. Everyone will participate in the same tour with the group splitting into two equal groups, with each group then flipping to the other tour after about one hour.

1. Stafford County Flour Mill, 108 S. Church St., Hudson, KS 67545; 620-458-4121. See where they make the famous Hudson Cream flour and mixes marketed all over the USA; <https://www.hudsoncream.com/>.

2. Osborne Fruits & Vegetable, 309 East 4th Ave., St. John, KS 67576, 620-5467-3932; with Mike Osborne and Jill Stimatze. Osborne Fruit & Vegetable is a small town, family-owned business that has a wide range of fruits and vegetables to offer from our beautiful, big garden. "From our field to your table!"

Spare Farms, 171 SE 20th Ave., St. John, KS 67576, 620-549-3330 is a family-owned business that grows high quality vegetables that are sold at farmers markets in local cities.

There will be eight contests open to youth members with cash prizes and ribbons awarded. Classes include:

(1) 1 lb. bin run for crops members; or (2) 1 lb. bin run for "adopt a producer"; (All wheat samples must be postmarked to KSU by July 15 so testing can be completed). Youth may bring multiple exhibits in Divisions 3-9. A maximum of two placings per individual in each division, 1-8 will be awarded. (3) 1 quart jar sample of cleaned wheat; (4) three standard yeast rolls; (5) three standard sized cookies; (6) three standard muffins; (7) wheat photography contest; (8) wheat educational posters and (9) Cloverbuds, (5-6-year-olds) with participation ribbons.

Cost will be \$6.00 per person and registration will be open online through visiting the Kansas 4-H website. Registration will go live June 15th. Pre-registration will be required by Monday, July 25th, 11:59 p.m.

If any 4-Her's would like to attend the Wheat Expo, Charlene will have 7 seats available to transport youth to and from the event.

Registration for both events is online at the following links:

[Wheat Expo Registration link](#) (open from June 15-July 25)

[Wheat Variety Plot Registration link](#) (due July 22)

Hunters Education

2022 Hunter Education Course

The Hunter Education courses are open to anyone. No fee is required. No one under the age of 11 will be certified in Hunter Education. Those under age 11 may take the course with special permission from the instructor. Anyone taking the Hunter Education courses prior to age 11, will be required to take the course again for certification after turning 11. All courses are being held at the Butler County 4- H Community Building located at 200 N. Griffith in El Dorado. Call the Butler County Extension Office at 316-321-9660 to pre-enroll! Enrollment is limited, so call early! No Drop-Ins Will Be Accepted.

****Pre-enrollment is required for all courses****



Traditional Course: August 12th – 13th, 2022

Check-in: Friday, Aug. 12th, 5:30-6:00 PM

Session 1: Friday, Aug. 12th, 6:00-9:00 PM

Session 2: Saturday, Aug. 13th, 8:00-4:00 PM

Pre-enroll between July 5th - August 11th, 2021. **Attendance is required both Friday evening and all day Saturday.** You must pick up a student manual at the Butler County Extension Office, read it, and answer all questions at the end of each chapter prior to attending the course.



Internet Assisted Course: September 17th, 2022

Check-in: 7:30-8:00 AM

Field Day: Saturday, Sept. 17th, 8:00 AM - 3:30 PM

Lunch: 11:30 AM - 12:30 PM

You will need to have access to a computer and a printer in order to complete the online portion of an Internet-Assisted course. You are also encouraged to pick up a student manual at the Butler County Extension Office. This independent study method requires pre-registration in an Internet-assisted Field Day and Testing Session and completion of the Kansas online hunter education course. **DO NOT TAKE THE ONLINE COURSE UNTIL YOU HAVE PRE-REGISTERED FOR THE INTERNET-ASSISTED HUNTER EDUCATION FIELD DAY AND TESTING SESSION OF YOUR CHOICE.**

Field Day Instructions:

1. Pre enroll for the field day at the Butler County Extension Office
2. Go to the Kansas Wildlife, Parks & Tourism website at ksoutdoors.com
3. Follow the prompts to access the on-line test and complete it. Education - Hunter Education - Internet Assisted Course - Free Kansas Internet Assisted Course (Yellow box at the bottom of the page) - take the test.
4. After completing the test, print the completion certificate and bring it with you to the field day.



Kansas State 4-H News

4-Her Says She Values Friendships Most

Longtime member says youth join 4-H for the projects, but stay because of the people

By Annika Wiebers, K-State Research and Extension news service

MANHATTAN, Kan. – The Kansas 4-H program is known for helping youth cultivate skills in leadership, citizenship and many other project disciplines, but that may not be the main reason some members stick with the program. Enter Kathryn Tremblay, a former member and current advisor to the Kansas 4-H Youth Leadership Council. “For me, 4-H has always been about the people I meet and the growth along the way,” she said. “I started 4-H at a young age and loved showing at the fair, but 4-H didn’t change my life until I was about 14 years old and I went to Rock Springs 4-H Camp as a junior counselor for the first time. “I always had a hard time making friends as a kid, but those few days with my co-counselor (Sydney) changed my life forever. She wouldn’t let me be shy and immediately forced me into friendships with her friends who were also counselors, and we all became really good friends very quickly.”

The point: Many 4-H members join because of the project opportunities, but they stay and get more involved because of their friends. “Because of the confidence I built up with this small group of 4-H friends, who felt more like family, my confidence grew and I attended other 4-H events, like the Northwest Youth Leadership Forum and Kansas Youth Leadership Forum,” Tremblay said. In Tremblay’s case, her new friends even helped her reach her position on the Kansas 4-H Youth Leadership Council. “Sydney was on the Kansas 4-H Youth Leadership Council, which plans these (state 4-H) events,” she said. “I honestly never knew about the Council until Sydney told me about what she was doing. Through her encouragement, I ran for Council and was voted in by the Northwest delegates on my birthday.” Tremblay noted that 4-H friendships eventually lead to an extensive web of connections that spill from 4-H events to every area of life. “I loved my time on the Kansas 4-H Youth Leadership Council, and I especially liked working with our small groups at events and meeting so many different people,” Tremblay said. “I suddenly became that person who knew people at every event I attended, whether it was a school, church or 4-H event. My classmates were baffled, ‘how do you know so many people?’ they would ask me and I was happy to have so many friends to count on.”

Having gained so much from her own 4-H friendships, Tremblay paid it forward by encouraging younger members to grow in their 4-H journey. She said: “My favorite Youth Council event was Campference, which was an event for 12-14 year-olds who were too old to attend regular camp as a camper, but too young to be a counselor. It’s also one of the most important age ranges for retaining members in 4-H. “I met several young 4-Hers at Campference and had a great time being a mentor for them and helping them to have a great time and learn about the various opportunities available in Kansas 4-H. I encouraged several of them to run for Youth Council. All it took was for me to say ‘hey, I think you would be really great at this.’ Tremblay said one of the seeds she planted took root in a particularly meaningful way. “I will never forget my last time attending the Kansas Youth Leadership Forum as a member of the Youth Council,” she said. “A few of those delegates from Campference applied for Youth Council.” She said one in particular, Greyson, asked her for help on his application. “I had been really involved in helping him on his way to Council,” Tremblay said. “One of my good friends on Youth Council was in Greyson’s interview room and after the interviews he came up to me and said ‘You’ll never believe what Greyson said about you. When they asked him who his role model was. He said it was you.’

Tremblay described her reaction as “stunned.” “I had never had such a wonderful compliment from someone. Greyson did go on to be elected to Youth Council, along with several others from that Campference group.” Over her years in 4-H, Tremblay said she has built many meaningful relationships that have led to growth in her own involvement as well as encouraging the next generation of leaders. For her, 4-H is about people. “The relationships we make with others are more important than almost anything else we do,” she said. “4-H isn’t just about ribbons or premiums. I judge at local fairs, and when a 4-Her is really successful, they almost always can tell me who has helped them to learn and grow in their project. “That’s why people are the most important part of 4-H and life. We grow with each other and because of each other. Surround yourself with those who make you better and you, in turn, will make others better.”



Youth Program Quality Principles

Dedicated volunteers and staff spend many hours working directly with youth in 4-H programs. From exploring topics in a Cloverbuds program, to learning science skills by building a robot, to attending National 4-H Congress, 4-H provides many different types of programs to meet the needs of youth as they grow and develop. What happens in 4-H programs, how they are planned and led, makes a huge difference in the impact of the program on youth! In order to have the biggest impact, programs need to adhere to eight critical principles of program quality:

1. **Physical and psychological safety** — Youth need to feel safe in 4-H programs and be able to interact positively with others.
2. **Appropriate structure** — Whether it is a club meeting or leadership camp, 4-H programs must have clear and consistent rules and expectations, with clear boundaries and age-appropriate monitoring.
3. **Supportive relationships** — All youth need to feel warmth from and closeness to others in 4-H. Youth need to feel others care about and support them. They also need to receive clear guidance and communication from 4-H volunteers and staff.
4. **Opportunities to belong** — All youth need to feel included in a meaningful way in 4-H, regardless of their gender, ethnicity, sexual orientations, or ability. Youth should have opportunities to share their culture and heritage with others and to forge a positive identity.
5. **Positive social norms** — Youth should experience clear rules and expectations for participating in 4-H, including the values, morals, and ethical expectations of being a 4-H member.
6. **Support for efficacy and mattering** — Youth in 4-H should be taken seriously and respected for their ideas and contributions. Youth should be given opportunities to develop responsibility and be challenged to set and achieve goals.
7. **Opportunities for skill building** — Youth need to develop physical, psychological, intellectual, emotional and social skills as they grow and develop. 4-H provides opportunities for youth to develop these skills, skills that support a young person into adulthood and the workplace.
8. **Integration of family, school and community** — Youth in 4-H do best when there is a connection to their 4-H experience with their family, school, and community. This is why 4-H programs begin at the local level, in the community where youth can practice their emerging leadership skills as they grow and develop.

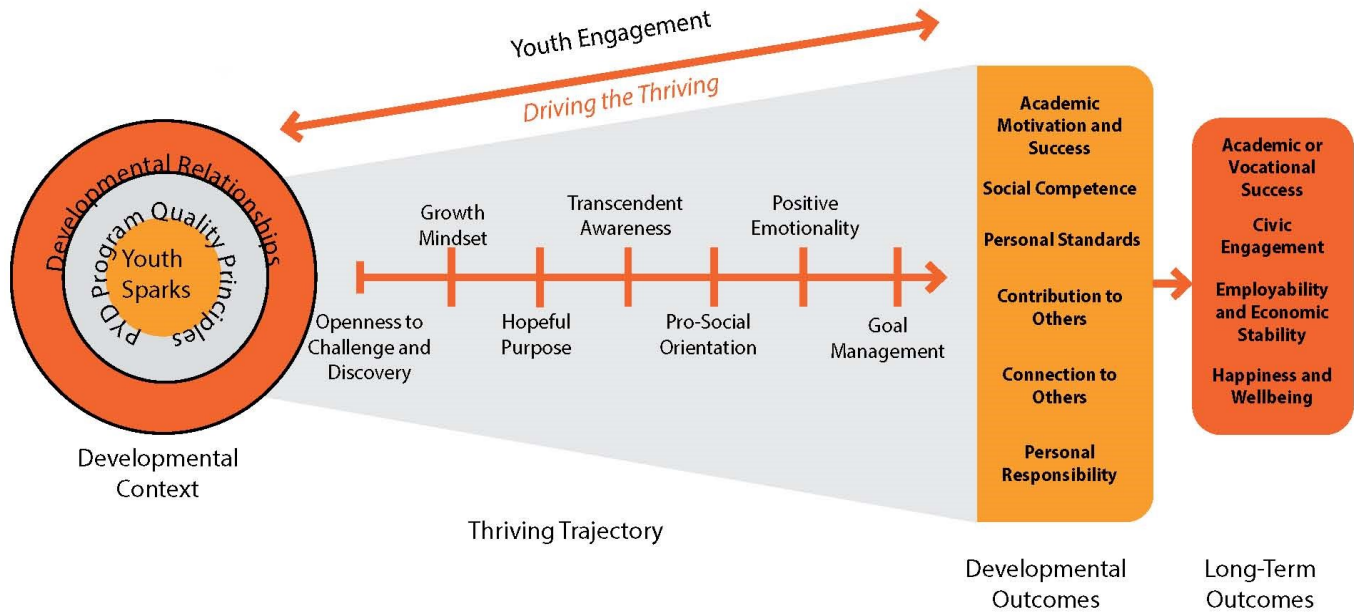


Reference

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4-H is Positive Youth Development

4-H is based on a positive youth development (PYD) approach that recognizes all youth have interests, abilities, and strengths that can be enhanced by participation in 4-H programs. Research shows that participation in high quality 4-H programs increases thriving in youth, and thriving youth achieve important developmental outcomes, such as academic motivation and achievement.



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Kansas4-H.org

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