What is that smell? Your nose knows! Family Consumer Sciences Judging – Mini Fair

Herbs, Spices, and Flavoring Extracts add wonderful smells and tastes to the food we eat. At Mini-Fair, we had 10 small jars, each with a different spice, herb or flavoring extract. 4-H'ers opened the jars and used their noses to carefully smell what was in the jar. They also used their eyes to help them to decide what was in the jar.

The choices were:

*Allspice Chili Powder Cinnamon Garlic Powder **Italian Seasoning Lemon Extract Nutmeg Pepper Rosemary Vanilla Extract

*Allspice is NOT a spice mixture. Allspice is small berries (grow on trees) that look like brown peppercorns (balls). We grind them to make Allspice, which can be used in cakes, fruit pies, pumpkin pie; in pickling; in meat rubs. Allspice and Nutmeg have similar "smells," and were often confused. **This Italian Seasoning IS a mixture of herbs: oregano, marjoram, thyme, rosemary and sage. It could be used in pizza sauce, spaghetti sauce, lasagna. You could mix your own Italian Seasoning with herbs on your shelf and/or from your garden. (I would add basil!)

Results of Judging: How did you (and your nose) do at mini-fair?

These Youth scored at least 8 out of 10 correct answers (spelling counted!)

Jeffrey Garcia Lucy Goebel Julian Perez Cami Miller Cally Miller Shelby Varner Ivalea Tien

Brandy Rigg Thomas Goebel Elli Nelson Reagan Gardner Haleigh Borg Elizabeth Mitsch Andrew Tien Delaney Parr Paige Goebel Taylor Barlett

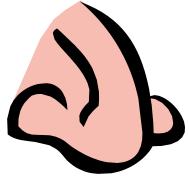
Scored at least 5 to 7 correct answers (out of 10) –Kylee BarlettKyle MillerLucas WaltersVictor Oro FloresTrena GarciaRiley GarciaMakenzie CreekmoreKimber BorgDidn't have time to finish...but thanks for participating!Savannah TaylorEli GardnerSkylynn Inman Rose

Prizes!! -- Were You a WINNER of a Water Bottle (with infuser)?

The names of all who completed this FCS Contest were entered in a drawing. The Two winning names were: **Delaney Parr Trena Garcia** Woo—hoo!! Delaney and Trena--Find your Water Bottle in your club's hoy at

Delaney and Trena--Find your Water Bottle in your club's box at the Extension Office.





FACS/FCS Judging at the Butler County Fair -- Join us on August 1!

We will have Family Consumer Sciences Judging at the County Fair. There will be contests for everyone, as well as SPECIAL contests for those who might be interested in FCS Judging at the State Fair this year.

Tuesday, August 1 – FACS Judging Contest from 1:00 – 3:00 p.m. at the 4-H Building Test your skills and what you know about food and fitness – and have some fun!

• One team from each age division may be selected to represent Butler County at the Kansas State Fair.

NEW AT THE BUTLER COUNTY FAIR THIS YEAR!

Family Consumer Sciences Oral Presentations Division M-2 – FCS Presentations

Pre-Entry – Due June 30th, 5:00 p.m. by email (this event ONLY) to Barb Roths at broths@ksu.edu Must include your name, partner's name, Age Division that you're participating in (team members must be in same age group)

Time of Event – August 1 -- Presentations will take place immediately following Demonstrations and Illustrated Talks in the 4-H Building, South Room Topic Draw will take place 20 min prior to scheduled presentations

- Participants can only register as teams of two (no individual presentations).
- Team members must be in the same age group: Intermediates (4-H Age 9-13 year olds ONLY) or Seniors (4-H Age 14-18 year olds ONLY)
- 4-H'ers are only eligible to participate on one team.
- Each team will be given a paper with two nutrition topics selected by Extension Agents.
- The team will choose one of the topics for their team presentation.
- The topics will include a description with questions to help prompt ideas for the speech.
- Each team will be provided a space to prepare their speech, as well as index cards and pencils.
- The team can bring no other information, equipment, phones, etc. with them.
- Each team will have 20 minutes to prepare their speech.
- Intermediates will have a Minimum of 2 minutes Maximum of 4 minutes for their presentation.
- Seniors will have a Minimum of 3 minutes Maximum of 5 minutes for their presentation.
- Presentations will be evaluated on the following criteria: speaks clearly, enthusiasm, speech length, comprehension, content, volume, complete sentences, posture and eye contact, introduction of team members and topic, attire, and collaboration between team members.
- One team from each age division may be selected to represent Butler County at the Kansas State Fair.